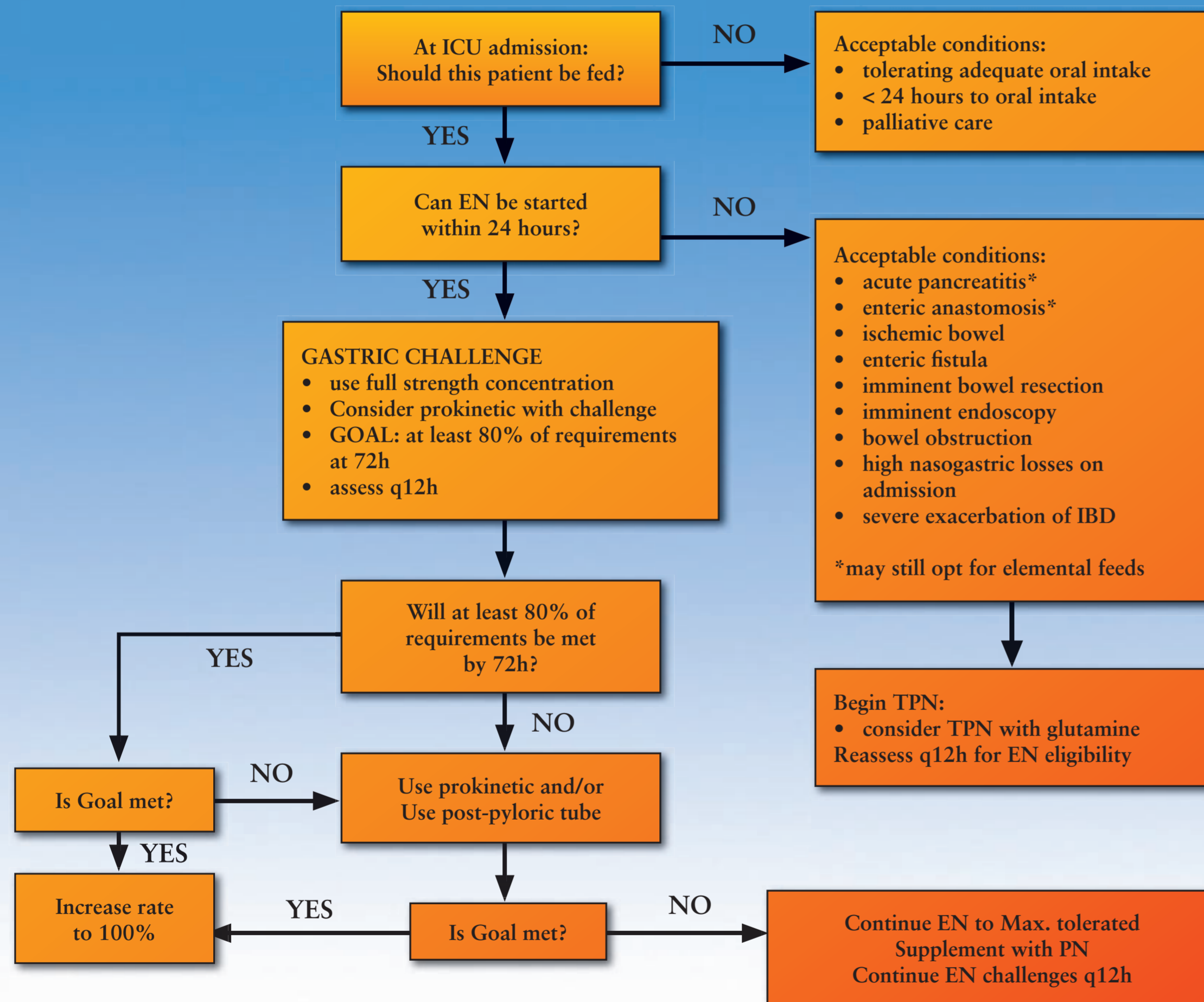
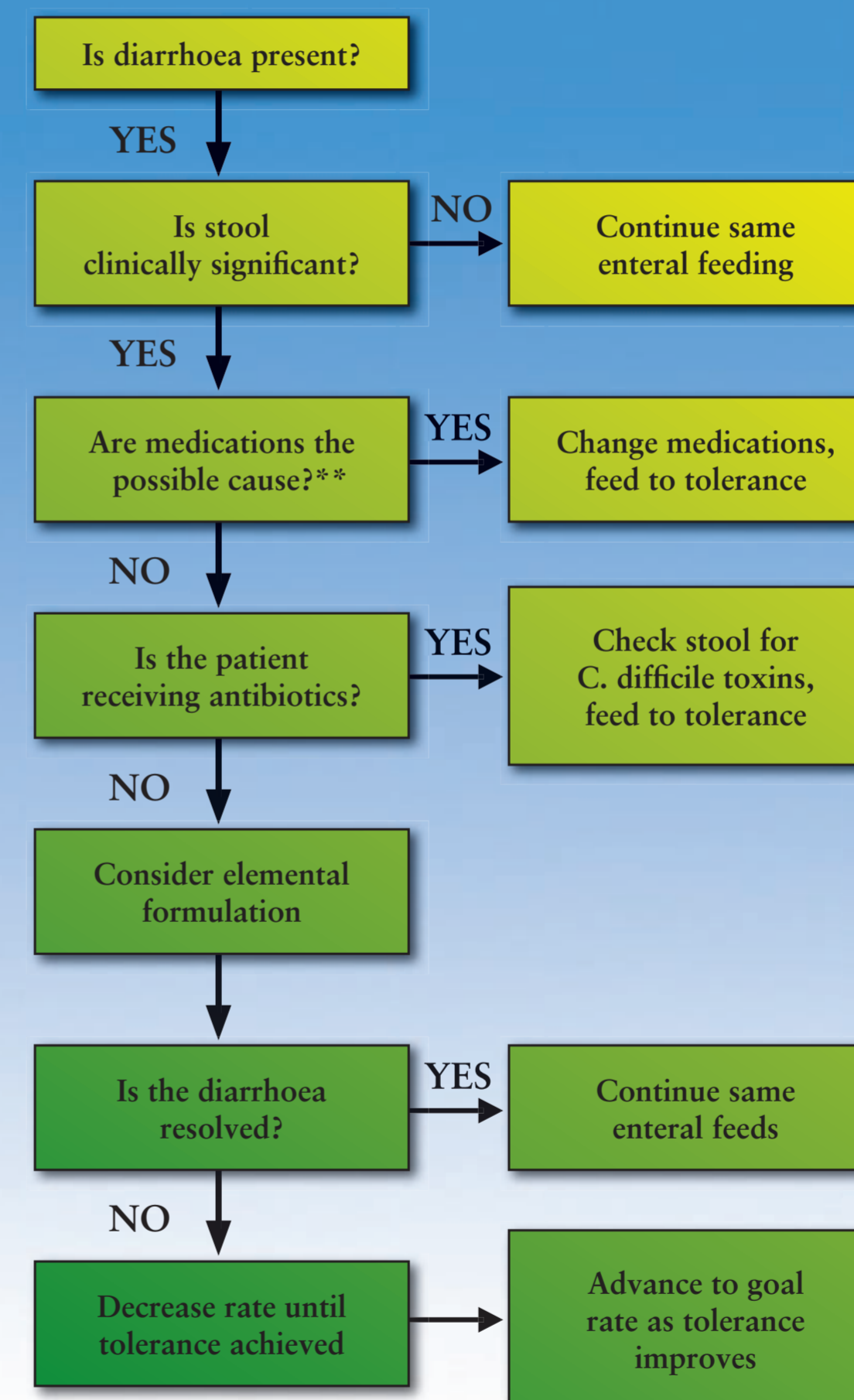


# ICU GUIDELINES

## Evidence-based ICU feeding algorithm



## Addressing tube feeding associated diarrhoea



### Intolerant patients have:

- Clinically significant stools
  - liquid stools > 300ml per day or
  - > 4 loose stools per day or
  - risk of contamination of wounds or catheters
- readily apparent abdominal distension OR
- increased abdominal girth OR
- clinically detected aspiration OR
- gastric residuals > 200ml for nasogastric feeds

### \*\* Medications that commonly cause diarrhoea:

- |                  |                 |
|------------------|-----------------|
| • metoclopramide | • aminophylline |
| • magnesium      | • erythromycin  |
| • xylitol        | • phosphorus    |
| • quinidine      | • sorbital      |

Evidence updated by the ANZICS CTG Feeding Investigators Group Oct 28th, 2003.  
Chief Investigator: Dr. Gordon S. Doig, University of Sydney. Contact: gdoig@med.usyd.edu.au